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NEW CLIENT INTAKE FORM

Today's Date: _____ Referred by _____

Name: _____ Date & place of Birth _____

Social Security #: _____ Sex: Male ___ Female ___

Street Address: _____

City, State, Zip: _____

May I have permission to mail to this address? Yes ___ No ___

Home Phone: _____ Work Phone: _____

Cell Phone: _____

For Routine Messages Phone # _____

For Confidential/ Private Message Phone # _____

Marital Status: Single ___ Cohabiting ___ Married ___ Divorced ___ Widowed ___

Children: Yes ___ No ___ If yes, custody status: _____

Children or others living in the home: _____ Age: _____

_____ Age: _____

_____ Age: _____

_____ Age: _____

Children living outside the home _____ Age: _____

_____ Age: _____

_____ Age: _____

Occupation: _____ How long in this occupation? _____

Employer Name: _____ School Name: _____

Education: (List highest level of education attained) _____

Emergency Contact: Name, relationship and phone # _____

CLIENT NAME: _____ **DATE:** _____

Please describe your overall health today and list any significant health problems:

List any medications you are taking, the dosage and prescribing physician:

Are any of these medications for mental/emotional problems?

Name of your primary physician: _____ Date of most recent visit _____

Past/Present drug/alcohol use/ abuse/treatment (any addiction) _____

Prior suicide attempts? Yes ___ No ___ If Yes, when? _____
Circumstances that led to the attempt:

Current suicidal thoughts? Yes ___ No ___

If yes, please describe: _____

Prior outpatient therapy? Yes ___ No ___

If yes, with whom, when and for how long?

What was the focus of the previous treatment?

How was it helpful? _____

Prior hospitalization for mental/emotional problems? _____ Yes _____ No
If yes, please describe (year/duration/reason for hospitalization):

Family history of alcoholism, substance use, mental illness, violence, suicide: _____

When you feel uncomfortable to answer any question, feel free to skip them. Use the space on the back of this form when you need to give further information.

CLIENT NAME: _____ DATE: _____

CURRENT CONCERNS CHECKLIST (Rate intensity of concerns currently present)

- None** -- This concern not currently present
- Mild** -- Impacts quality of life, but no significant impairment on daily functioning
- Moderate** -- Significant impact on quality of life and daily functioning
- Severe** -- Profound impact on quality of life and daily functioning

	None	Mild	Moderate	Severe
Depressed Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleep Disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Appetite Disturbance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Low Energy/Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Poor Concentration	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hopelessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Worthlessness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Social Isolation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Excessive Worries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irritability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anxious	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mood Swings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Elevated Mood	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Racing Thoughts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hypervigilance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hyperactivity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Panic Attacks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Impulsive Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Aggressive Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Phobias	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obsessions/Compulsions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight Gain/Loss	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anorexia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bingeing/Purging	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self Mutilating Behaviors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Delusions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grief	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Financial Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sexual Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Marital Difficulties	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family Conflicts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty Making Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty Keeping Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

CLIENT NAME: _____ **DATE:** _____

What do you consider to be your strengths: _____

What do you like most about yourself: _____

What are your most important hopes and dreams? _____

What are your main worries and fears? _____

What brings you into therapy today? _____

When did the issue arise? _____

What are your goals of therapy? _____
